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EDITORIAL BOARD INTRODUCTION

Holistic Education: Shaping a Superior Generation from the Cognitive, Emotional, and Physical Dimensions

Dear readers,

We are proud to present this special edition of this educational journal that focuses on the theme "Holistic Education: Shaping a Superior Generation from the Cognitive, Emotional, and Physical Dimensions". In the midst of the increasingly complex challenges of the world of education, it is important that we look at children's development as a whole – not only from the cognitive aspects, but also from their emotional, social, and physical aspects.

This edition presents five selected articles that discuss various dimensions of holistic education. The first article, "Emotional Intelligence and Bullying Behavior", examines the relationship between emotional intelligence and bullying behavior in elementary school students – reminding us of the importance of character education from an early age. This correlational study provides valuable insights into how emotional intelligence can be a protective factor against negative behavior.

Complementing the study, the second article "Forming a Superior Generation" presents a psychological portrait of elementary school-age children and the direction of their development. This article offers an in-depth understanding of the critical phases in the formation of a child's personality and potential foundations, as well as providing strategic direction for educators and parents in guiding their development.

No less important is innovation in learning methods, as discussed in the third article, "Optimizing Student Learning Outcomes Through Talking Stick Model Innovation". This research shows that an interactive learning approach supported by audio-visual media can significantly improve student learning outcomes, encourage active participation, and build confidence.

The fourth article, "Unlocking the Full Potential", raises the importance of nonlinear physical education in the development of the affective-psychomotor aspects of students. This study challenges traditional physical education paradigms and highlights how a more flexible approach can optimize the development of physical skills while fostering positive values such as cooperation and sportsmanship.

Finally, the fifth article "Silence that Speaks" invites us to be more sensitive to anxiety disorders in early childhood – an issue that is often overlooked but has a profound impact on children's development and well-being. This article not only helps identify the symptoms of anxiety disorders, but it also offers practical solutions for educators and parents.

We hope that the series of articles in this edition can provide new insights and encourage more holistic and inclusive educational practices. As educators,

researchers, and observers of education, let us be committed to continuing to develop an approach that pays attention to all aspects of child development, so as to produce a generation that is not only academically intelligent, but also emotionally and physically mature.

Happy reading and reflecting.

Editorial Board